

BUILD YOUR LIFE

Six Weeks to a Strong Spiritual Life

Leader Guide



BUILD YOUR LIFE

God will build lives in your small group over the next 6 weeks! As you gather together to discuss the Build Your Life 30 Day devotional by Pastor Kendrick, you will see these biblical principles create a strong foundation of faith. Thank you for facilitating a life-giving group that will do life together as you go through this devotional.

Each week participants should have completed the entire week's devotional that you will discuss so everyone can engage in the discussion in a personal way. In other words, before your first small group, have your group complete Chapters 1 - 5 (pgs. 2-17) on Enjoying God.

WEEK 1: ENJOYING GOD

Part One, Chapters 1 - 5, pgs. 2-17

ICE BREAKERS

*Ask your own ice breaker question or some ice breaker below to get your group sharing and engaging.

Introduce yourselves by...

1. What is your name and where were you born?
2. How long have you been coming to Grace?
3. What is the best thing that you've ever built in your life?

DISCUSSION QUESTIONS

*Feel Free to use the questions below (we formulated one question based on a Life Builder in each chapter) or go through Part One on Enjoying God (pgs. 2-17) and formulate a question from each day to ask the group. Feel free to ask...

*“Was there anything else in this chapter that spoke to you?” as needed.

*“What did God speak to you through the Bible verses in each chapter?”

1. In the past, were taught to obey God out of duty or to obey God for the joy it brings? What dutiful or wrong expectations did you lived under in practicing obedience toward God? What has changed? (Chapter 1, Life Builder 1, pg. 5)
Was there anything else in this chapter that spoke to you?
2. As you considered your spiritual journey, how has God changed your understanding of God and His purposes? (Ch 2, LB 2, pg. 9)
3. Who did you pray for to come to know Christ? Why? (Ch 3, LB 3, pg. 13)
4. How do pride and insecurity show up in your life? How are those rooted in performance? How could God move you to a perspective of grace? (Ch 4, LB 2, pg. 17)
5. What one or two ways did you write down that you could help you enjoy God during your time with Him? (Ch 5, LB 3, pg. 21)
6. What did God speak to you this week?

WEEK 2: GRACE

Part Two, Chapters 6-10, pgs. 24-43

ICE BREAKERS

1. What is the hobby that you enjoy the most? Why?
2. What is the most memorable gift that you've ever given someone? Why?
3. What is something that you worked really hard for in the past? A car? A relationship? Why?

DISCUSSION QUESTIONS

1. When you've brought every sin and failure to the cross of Jesus, what did you experience? Freedom? Forgiveness? What does that experience look like as you continue to bring your sin to the cross? (Ch 6, LB 4, pg. 27)

Was there anything else in this chapter that spoke to you?

2. What's one area of your life in which you'd like to receive more grace? (Ch 7, LB 3, pg. 31)

3. What would it look like if God gave you even more grace to be a person who is hard to offend? Did you ask for that kind of grace this week? (Ch 8, LB 3, pg. 35)

4. What was the hardest situation in your life that challenged you to choose to forgive someone? Is there anyone that you need to forgive right now? (Ch 9, LB 2 & 3, pg. 39)

5. How could you humble yourself and change your perspective to me log, you speck? (Ch 10, LB 2, pg. 43)

6. What did God speak to you this week?

WEEK 3: HEALTH

Part Three, Chapters 11-15, pgs. 46-65

ICE BREAKERS

1. What is your favorite way to exercise? What is your least favorite way to exercise? Why?
2. What's your favorite food? What's your least favorite food? Why?
3. Would you rather be covered in poison ivy or bee stings? Why?
4. Who is a famous person that you look up to? Why?

DISCUSSION QUESTIONS

1. What's one change (or upgrade) you could make in order that those who know you best would respect you most? (Ch 11, LB 3, pg. 49)
Was there anything else in this chapter that spoke to you?
2. What negative influences try to dissipate your spiritual strength? How could you prioritize and invest in your spiritual health? (Ch 12, LB 3 & 4, pg. 53)
3. When you waited on God regarding your most challenging relationship, what came to mind? (Ch 13, LB 1, pg. 57)
4. Do you have a sense of calling and passion in your work? How could you increase your sense of calling and passion? (Ch 14, LB 1, pg. 61)
5. Which of the three foundations of physical health do you struggle with most: eat well, sleep well, or exercise? What's a practical step that you want to take? (Ch 15, LB 1 & 2, pg. 65)
6. What did God speak to you this week?

WEEK 4: SPIRITUAL FAMILY

Part Four, Chapters 16-20, pgs. 68-87

ICE BREAKERS

1. What is the best family vacation that you've ever been on?
2. Besides your biological family, what teams, organizations, etc. have felt like family to you?
3. What is the toughest thing about being a kid? Best thing? Why?

DISCUSSION QUESTIONS

1. When have you experienced the blessing of spiritual family being there for you? Please describe it. (Ch 16, LB 1, pg. 71)

Was there anything else in this chapter that spoke to you?

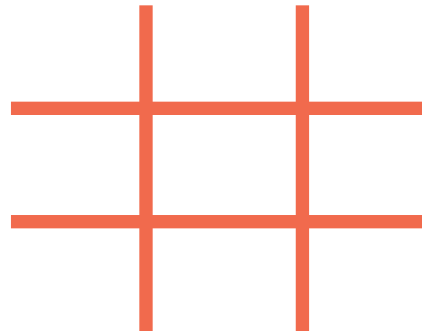
2. What "one another" commands are you particularly gifted by God to give to others? (Ch 17, LB 2, pg. 75)

3. What part of living as sons and daughters in spiritual family most appeals to you? (Ch 18, LB 3, pg. 79)

4. Who is a spiritual leader in your life? How do you seek them out? (Ch 19, LB 1, pg. 83)

5. Describe your Relational Grid? What step(s) will you take to strengthen your Relational Grid?

6. What did God speak to you this week?



WEEK 5: GENEROSITY

Part FIVE, Chapters 21-25, pgs. 90-109

ICE BREAKERS

1. If you could make the whole world abide by one rule, what would it be? Why?
2. What person has been the most generous to you in your life? Why?
3. If you could give one physical gift (no price limit) to one person in the world, what would it be and to whom would you give it? Why?

DISCUSSION QUESTIONS

1. How good and generous has God been to you? What are you grateful to Him for in your life? (Ch 21, LB 4, pg. 93)
Was there anything else in this chapter that spoke to you?
2. How does viewing yourself as a steward, rather than an owner, change your approach to managing resources? (Ch 22, LB 1, pg. 97)
3. When have you experienced reaping what you sowed on an increase in a different season? What does that experience teach you? (Ch 23, LB 2, pg. 101)
4. What is the greatest obstacle you face when you consider stepping out in faith to honor God financially? How can you invite God into that space to help you overcome your hesitance? (Ch 24, LB 2 & 3, pg. 105)
5. How could you increase your e-ROI? How could you store up treasure in heaven and receive an eternal return on investment? (Ch 25, LB 3, pg. 109)
6. What did God speak to you this week?

WEEK 6: DEVELOPMENT

Part SIX, Chapters 26-30, pgs. 112-131

ICE BREAKERS

1. What is one skill that it took you a long time to learn? How did you learn it?
2. What is one thing that you do everyday no matter what? Why?
3. How has God developed you these past 6 weeks?

DISCUSSION QUESTIONS

1. Of the five spiritual practices, in which one would you most like to grow? What's one practical step that you could take to grow in that area of your life? (Ch 26, LB 4 & 5, pg. 115)

Was there anything else in this chapter that spoke to you?

2. How teachable are you? In general, are you generally easily impressed or hard to impress? (Ch 27, LB 2 & 1, pg. 119)

3. Luke 6:40 says that fully trained disciples will be like their teacher. How do the lives—what is caught—of leaders or mentors affect their disciples beyond just the lessons—what is taught? (Ch 28, LB 2, pg. 123)

4. What challenges or fears do you have about making disciples? Why? (Ch 29, LB 2, pg. 127)

5. What is a situation or relationship where it's challenging for you to believe the best? How does God see that situation or that person? How does this apply to all aspects of our lives? (Ch 30, LB 2, pg. 131)

6. What did God speak to you this week?

7. What is your next step? What is God putting on your heart to do next?

